



YOUNG ESTATES
BARBADOS

DAILY DINING & GROCERY LIST

Bluff House & Cottage

— PRE-ARRIVAL & PROVISIONING —

Richard Young

CURATED BY YOUNG ESTATES · BARBADOS

WELCOME

Planning Your Stay

A few details to settle before you arrive — your first evening, the days that follow, and the provisions waiting for you at the villa.

PLEASE NOTE

This is a sample menu offering a flavour of what your private chef can prepare. Menus are curated and selections made for the whole group; individual dishes cannot be ordered separately by members of the party. Your chef will gladly tailor any menu to your tastes and dietary needs.

I	Arrival Meal	YOUR FIRST EVENING
II	Daily Dining	PLAN YOUR STAY
III	Grocery List	PROVISIONS ON ARRIVAL
IV	Starter Packs	CHOOSE A, B OR C
V	Bespoke Selection	YOUR OWN LIST

YOUR FIRST EVENING

Arrival Meal

Choose one set menu for your first evening — canapés, starter and main come together as a package, served family-style for the whole group.

○ I	CANAPÉS	Sweet & spicy Sriracha bacon chicken bits · Cucumber with whipped feta & basil
	STARTER	Coriander & ginger butternut squash & yellow split pea soup
	MAIN	Roast chicken breast with mushrooms, creamy polenta & white truffle oil
○ II	CANAPÉS	Thyme lemon watermelon · Crab-stuffed mushroom
	STARTER	Spicy crab cakes with avocado mousse
	MAIN	Baked salmon, orange teriyaki glaze, French beans & roasted Brussels sprouts
○ III	CANAPÉS	Blackberry, cucumber & caprese skewers · Chicken satay with peanut chilli dressing
	STARTER	Watercress & endive salad, marinated beets & mascarpone croutons
	MAIN	Lamb chops braised in black pepper gravy, root vegetables, mushrooms & onions
○ IV	CANAPÉS	Roast sweet potato rounds with avocado & bacon · Prosciutto & melon minis
	STARTER	Pumpkin & mango sauce, ripe plantain & eggplant purée with seared snapper
	MAIN	Lobster in tarragon sauce with asparagus & pumpkin squash
○ V	CANAPÉS	Breadfruit puffs with mango & sweet chilli mayo · Mini pineapple corn fritter with crab
	STARTER	Grilled pineapple, Caribbean pumpkin seeds, orange & pineapple vinaigrette
	MAIN	Pan-seared tenderloin of veal, wild mushrooms, asparagus & pumpkin fettuccine

PLAN YOUR STAY

Daily Dining

Note your preferred meals for each day and tick breakfast, lunch or dinner. Meal Three applies only where three meals are included — or simply speak with your chef on arrival.

DAY ONE

Meal One

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

Meal Two

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

Meal Three *if applicable*

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

DAY TWO

Meal One

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

Meal Two

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

Meal Three *if applicable*

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

BEFORE YOU ARRIVE

Grocery List

Complete the form and return it to your concierge agent, and we will have your provisions waiting on arrival.

VILLA NAME

Bluff House (Cottage)

GUEST NAME

TOTAL PERSONS

ADULTS

CHILDREN

ARRIVAL DATE

DEPARTURE DATE

FOOD ALLERGIES & DIETARY RESTRICTIONS

PREFERRED STARTER PACK & ANY SPECIAL REQUESTS

Prefer to choose your own provisions? We are happy to shop to a bespoke list — just send it across ahead of your stay.

ARRIVAL PROVISIONING

Starter Packs

Arrive to a fully stocked villa — choose the pack that suits your party and we will have everything ready.

Pack A US\$300

SERVES 2–4 PERSONS

1 box of cereal
Small ground coffee
1 box of tea bags
1 carton of milk
2 cartons of juice
1 loaf of bread
1 case of bottled water — 12
½ lb sugar
1 lb of bacon
½ lb butter
1 lb of cheese
1 dozen eggs
Bottle of jam
Small ketchup
Small mayonnaise
Small cooking oil
Bottle of salad dressing
2 lbs of potatoes
1 lb of onions
1 lb of carrots
1 lb of broccoli
2 lbs of rice
6 sodas — selected
6 beers — selected
Assorted fruits
1 pack of flying fish
1 whole chicken
2 lbs of flour
Bread crumbs
Seasonings & fresh herbs
Limes & lemons
Salad items

Pack B US\$400

SERVES 4–6 PERSONS

1 box of cereal
Medium ground coffee
1 box of tea bags
2 cartons of milk
3 cartons of juice
2 loaves of bread
1 case of bottled water — 24
1 lb sugar
2 lbs of bacon
1 lb butter
2 lbs of cheese
1 dozen eggs
Bottle of jam
Small ketchup
Small mayonnaise
Small cooking oil
Bottle of salad dressing
3 lbs of potatoes
1 lb of onions
1 lb of carrots
1 lb of broccoli
2 lbs of rice
12 sodas — selected
12 beers — selected
Assorted fruits
2 packs of flying fish
2 whole chickens
2 lbs of flour
Bread crumbs
Seasonings & fresh herbs
Limes & lemons
Salad items

Pack C US\$650

SERVES 6–8 PERSONS

2 boxes of cereal
Large ground coffee
2 boxes of tea bags
4 cartons of milk
4 cartons of juice
3 loaves of bread
2 cases of bottled water — 48
1 lb sugar
3 lbs of bacon
1 lb butter
3 lbs of cheese
2 dozen eggs
2 bottles of jam
Large ketchup
Large mayonnaise
Large cooking oil
2 bottles of salad dressing
5 lbs of potatoes
2 lbs of onions
2 lbs of carrots
3 lbs of broccoli
3 lbs of rice
24 sodas — selected
24 beers — selected
Assorted fruits
3 packs of flying fish
3 whole chickens
2 lbs of flour
Bread crumbs
Seasonings & fresh herbs
Limes & lemons
Salad items

Packs can be tailored to your preferences — simply let us know of any additions, dietary needs or favourite brands.

Bespoke Selection

ITEM

ITEM

