



YOUNG ESTATES
BARBADOS

DAILY DINING & GROCERY LIST

Martangie

— PRE-ARRIVAL —

Richard Young

CURATED BY YOUNG ESTATES · BARBADOS

WELCOME

Before You Arrive

Every dish is prepared at Martangie by your private cook, Regina, using the finest produce the island has to offer.

PLEASE NOTE

This is a sample menu offering a flavour of what your private cook can prepare. Menus are curated and selections made for the whole group; individual dishes cannot be ordered separately by members of the party. Your chef will gladly tailor any menu to your tastes and dietary needs.

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II	Daily Dining	PLAN YOUR STAY
III	Grocery List	YOUR PROVISIONS
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V	Bespoke Selection	YOUR OWN REQUESTS

YOUR FIRST EVENING

Arrival Meal

Choose one starter, one main and one dessert the whole party will enjoy, served family-style for your first evening. Simply tick your selections below.

STARTER

- | | |
|---|--|
| ☐ Traditional Bajan Fishcakes — with a spicy dip | ☐ Shrimp Cocktail — tropical Mary-Rose sauce |
| ☐ Ceviche — catch of the day, mango salsa | ☐ Seafood Broth — with multigrain focaccia |
| ☐ Roasted Pumpkin Soup — spiced, with pumpkin seeds | ☐ Caesar Salad — bacon & cherry tomatoes |

MAIN

- | | |
|---|---|
| ☐ West Indian 7 Curry — chicken, lamb, fish or vegetables | ☐ Catch of the Day — your choice of preparation |
| ☐ Marinated Beef Steaks — creamy peppercorn sauce | ☐ Braised Lamb Shank — red wine jus & rustic mash |
| ☐ Seafood Platter — lobster, shrimp, scallops & fish | ☐ Barbeque — with all the trimmings |

DESSERT

- | | |
|--|--|
| ☐ Ode to Chocolate Cake | ☐ Key-Lime Meringue Tartlet |
| ☐ Muscovado Crème Brûlée | ☐ Fresh Fruit Platter — with chocolate fondues |

OTHER

Something else in mind? Note it here and Regina will do her best to accommodate.

PLAN YOUR STAY

Daily Dining

Note your preferred meals for each day and tick breakfast, lunch or dinner. Two meals are included each day. Should you prefer not to choose ahead, simply speak with Regina on arrival.

DAY ONE

Meal One

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

Meal Two

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

DAY TWO

Meal One

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

Meal Two

- ☐ BREAKFAST
- ☐ LUNCH
- ☐ DINNER

BEFORE YOU ARRIVE

Grocery List

Complete the form and return it to your concierge agent, and we will have your provisions waiting on arrival.

VILLA NAME

Martangie

GUEST NAME

TOTAL PERSONS

ADULTS

CHILDREN

ARRIVAL DATE

DEPARTURE DATE

FOOD ALLERGIES & DIETARY RESTRICTIONS

PREFERRED STARTER PACK & ANY SPECIAL REQUESTS

Prefer to choose your own provisions? We are happy to shop to a bespoke list — just send it across ahead of your stay.

ARRIVAL PROVISIONING

Starter Packs

Arrive to a fully stocked villa — choose the pack that suits your party and we will have everything ready.

Pack A	US\$300	Pack B	US\$400	Pack C	US\$650
SERVES 2–4 PERSONS		SERVES 4–6 PERSONS		SERVES 6–8 PERSONS	
1 box of cereal - Small ground coffee 1 box of tea bags 1 carton of milk 2 cartons of juice 1 loaf of bread 1 case of bottled water — 12 ½ lb sugar 1 lb of bacon ½ lb butter 1 lb of cheese 1 dozen eggs - Bottle of jam - Small ketchup - Small mayonnaise - Small cooking oil - Bottle of salad dressing 2 lbs of potatoes 1 lb of onions 1 lb of carrots 1 lb of broccoli 2 lbs of rice 6 sodas — selected 6 beers — selected - Assorted fruits 1 pack of flying fish 1 whole chicken 2 lbs of flour - Bread crumbs - Seasonings & fresh herbs - Limes & lemons - Salad items		1 box of cereal - Medium ground coffee 1 box of tea bags 2 cartons of milk 3 cartons of juice 2 loaves of bread 1 case of bottled water — 24 1 lb sugar 2 lbs of bacon 1 lb butter 2 lbs of cheese 1 dozen eggs - Bottle of jam - Small ketchup - Small mayonnaise - Small cooking oil - Bottle of salad dressing 3 lbs of potatoes 1 lb of onions 1 lb of carrots 1 lb of broccoli 2 lbs of rice 12 sodas — selected 12 beers — selected - Assorted fruits 2 packs of flying fish 2 whole chickens 2 lbs of flour - Bread crumbs - Seasonings & fresh herbs - Limes & lemons - Salad items		2 boxes of cereal - Large ground coffee 2 boxes of tea bags 4 cartons of milk 4 cartons of juice 3 loaves of bread 2 cases of bottled water — 48 1 lb sugar 3 lbs of bacon 1 lb butter 3 lbs of cheese 2 dozen eggs 2 bottles of jam - Large ketchup - Large mayonnaise - Large cooking oil 2 bottles of salad dressing 5 lbs of potatoes 2 lbs of onions 2 lbs of carrots 3 lbs of broccoli 3 lbs of rice 24 sodas — selected 24 beers — selected - Assorted fruits 3 packs of flying fish 3 whole chickens 2 lbs of flour - Bread crumbs - Seasonings & fresh herbs - Limes & lemons - Salad items	

Packs can be tailored to your preferences — simply let us know of any additions, dietary needs or favourite brands.

Bespoke Selection

ITEM

ITEM

